

Routines Manual

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Overview The aim of NHS Kirklees ' reaching routine and manual workers that want to stop smoking project was to increase the number of routine and manual (R&M) workers accessing the NHS Kirklees Stop Smoking Service. R&M workers who smoke have been identified as a major health challenge at a national level (Department of Health, 2010).

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Routines Manual 1 Introduction: The routines manual starts out with a good introduction making the case for structured game: So, here it is. The highly awaited, forever requested " Routines Manual. " . Contained inside are some of the best, most consistently successful routines as compiled by the

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